"Oh my gosh, this is stinging real bad," she said as she squirmed in her seat.

Bumagin said the pain comes from the particles of pigment that, when touched by the laser, explode through the skin.

The treatments cause redness, swelling and sometimes bleeding, but the symptoms disappear in a few hours. He said the pain decreases with each treatment as the tattoo fades, and the number of treatments varies by tattoo.

When Angela Acua showed up for her treatment last month, she was very apprehensive.

"I'm scared. What if it hurts?" she asked the doctor. After whimpering through the few minutes that it took to zap her tattoos, Acua turned to her boyfriend and gave him some advice.

"It hurt," she said. "Don't ever put anything on you."

NATIONAL KICK BUTTS DAY 1999

HON. STEVEN T. KUYKENDALL

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 14, 1999

Mr. KUYKENDALL. Mr. Speaker, I rise today to express my support for a nationwide initiative that encourages the reduction of teen smoking. Teen smoking reached an all-time high in 1997 with roughly 4.5 million kids between the ages of 12–17 using some type of tobacco product. Each day some 3,000 young people start smoking; one third of these kids will die too young because they smoked. If that wasn't enough, approximately 400,000 Americans die each year from cigarette smoking.

To counter these alarming statistics and to provide greater awareness about the dangers of smoking, The Campaign for Tobacco Free Kids chose April 14 as the National Youth Movement to "Kick Butts." The goal of National Kick Butts Day is to encourage our teens to take a stand against tobacco products and fight for healthier futures for themselves and their peers.

I have spent my entire public career trying to prevent youth smoking. I support the objective of National Kick Butts Day. I urge all of my colleagues to join me and show their support for this serious and necessary campaign.

BREAUX-THOMAS PLAN IS NO CURE FOR MEDICARE

HON. JANICE D. SCHAKOWSKY

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 14, 1999

Ms. SCHAKOWSKY. Mr. Speaker, thirtynine million senior citizens and persons with disabilities on Medicare are relying on Congress to do the right thing. They are counting on Congress to save Medicare, a program that continues to improve the quality of life for millions of people. But they are certainly not counting on Congress to privatize Medicare and turn over the program to for-profit HMOs and insurance companies. The Bipartisan Commission on the Future of Medicare debated such a plan. And that is the reason why the Commission did not have enough votes to make a formal recommendation to Congress. The Commission's proposal would have been a disaster for seniors and persons with disabilities and a boon for the HMOs and insurance

My recent remarks printed in the Chicago Sun-Times follow:

The Bipartisan Commission on the Future of Medicare nearly approved a plan to save Medicare. But a fundamental consideration was strangely missing from the proposal by Medicare Commission Chair Senator John Breaux (D-LA) and co-chair Representative Bill Thomas (R-CA): the detrimental effect this plan would have on the millions of seniors and persons with disabilities who rely on Medicare

The simple fact is that the proposal nearly passed by the Medicare Commission is a disaster. It is a disaster for seniors and persons with disabilities.

By far the majority of the proposed "savings" under the Breaux-Thomas plan would come from pushing seniors and persons with disabilities into HMOs and increasing costs to those who want to stay in traditional Medicare.

Under this plan, Medicare beneficiaries who wish to remain with their own doctors would pay higher premiums (as much as \$1200 a year). Many seniors, who already pay more than 20% of their income for health care, would face even greater cost-sharing when they need home health and other services. And despite the problems older persons face in finding affordable insurance, the proposal would shut 65 and 66 year olds out of Medicare.

Members of the Medicare Commission who supported the Breaux-Thomas plan seem to have faith in a managed care industry that cuts corners on care, reduces benefits, and threatens to pull out of Medicare altogether unless participants pay significantly higher premiums. Those of us who oppose turning Medicare over to the HMOs respectfully disgree. Privatizing Medicare and handing over the medical well-being of millions of senior citizens to for-profit managed care corporations is not what President Lyndon Baines Johnson and Congress envisioned back in 1965. HMOs are not the answer. They are the problem.

As a member of the Democratic Task Force on Medicare, I join with many of my colleagues and experts in the field of health care to support the President's proposal to use 15 percent of the budget surplus to shore up Medicare. This will ensure the program's solvency until the year 2027. We also believe that Medicare is in need of improvement and that seniors deserve increased benefits. That is why we also support seniors' access to affordable prescription drugs and long term care, and a reduction in out-of-pocket expenses.

Medicare participants now have the peace of mind of knowing that health care decisions are made on the basis of sound medical science and not on the financial needs of stockholders and managers. But turning over Medicare to the HMOs is a radical step backward that will only harm seniors living on fixed incomes. If this plan is adopted, seniors will receive fewer benefits, marginal care, and will face rising costs. The Breaux-Thomas proposal is not the answer.

THANK YOU, MAYOR COX

HON. ED BRYANT

OF TENNESSEE

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 14, 1999

Mr. BRYANT. Mr. Speaker, the residents of Collierville, TN, will be seeing an historic change in their home this year. Collierville Mayor Herman Wright Cox has decided to step down after serving the residents of this West Tennessee city for 40 years.

Mayor Cox began his career in public service in 1959, first as a city alderman until 1965 when he was elected vice mayor for the city. Then in 1975, he was elected for the first time as mayor.

Since that time, Mayor Cox and the rest of Collierville has seen enormous growth within the community from small businesses to large corporations making the city their home and employing so many Collierville residents.

But aside from the business and industry in the region, the community has made monumental strides in providing a variety of community-based parks and recreation facilities, such as the Collierville Community Center, the Harrell Performing Arts Theater, Powell Road Park, W.C. Johnson Park, Suggs Park, and the renovation of the town square and the greenbelt walkways.

Mayor Cox also ensured the community a state of the art police station, an award-winning police department, new fire stations and a highly qualified fire department.

Mayor Cox's legacy also includes the prestigious 3-star rating and designation for the town, which speaks volumes of the work he has done for this city.

I commend Mayor Cox for his outstanding contribution to the community, which has thrived under his administration. It is a great loss to the community to have him out of the mayor's office, but it is comforting to know that we can always find him at his service station office if we ever need advice or some guidance as Collierville continues to grow.

TRIBUTE TO CHERYL SETO

HON. GARY G. MILLER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Wednesday, $April\ 14$, 1999

Mr. GARY MILLER of California. Mr. Speaker, I rise today to honor seven young women in my district who have earned the Girl Scout Gold Award, the highest award in Girl Scouting.

The Gold Award requires the greatest achievement in career exploration, service to other people, and acquisition of skills. This award is a strong reflection of these young-sters' ability to set goals, to put value into action, to plan, and to relate to the needs of the community.

I wish to recognize Cheryl Seto of Troop 286 in Placentia, CA.

Mr. Speaker, I also wish to congratulate and thank Karin Carlson, Director of Program Services for the Girl Scout Council of Orange County for notifying of their achievements. On